

LYGOS

— CLINIC —

What is good for toothache in babies?

The teething process in babies stands out as a crucial stage filled with challenges for both babies and parents. Teething in babies often comes with discomfort and pain, leading both babies and parents to navigate through this phase with struggle. Adopting an understanding and effective approach to cope with a baby's teething pain is a key factor in making this period more manageable and comfortable.

The pain and discomfort during teething are typically associated with increased pressure on the gums. In this article, we will focus on the causes, symptoms of teething pain in babies, and effective methods to alleviate this discomfort. By providing information that helps parents guide their babies through a healthy teething process, we aim to make this challenging yet temporary period easier for parents.

Teething Process in Babies

Teething in babies usually begins around the sixth month, but this timeline can vary from individual to individual. In this section, we will explain how the teething process progresses in babies, when different teeth emerge, and the general dynamics of this process.

Understanding how babies go through the teething process can assist parents in better managing this period. The teething process in babies typically starts with the lower front teeth. The first teeth usually appear towards the end of the sixth month or the beginning of the seventh month. Subsequently, the upper front teeth emerge following the lower front teeth.

LYGOS

— CLINIC —

Teething in babies generally continues until the age of 2-3, and when the full set of teeth is complete, they typically have around 20 teeth. During this period, swelling, redness, and sensitivity in the baby's gums may be observed.

Additionally, babies tend to put their hands or objects in their mouths frequently while trying to adapt to the changes in their oral structures. Understanding the onset and progression of a baby's teething process can guide parents in providing appropriate support and relief methods.

Symptoms of Teething Pain in Babies

During a baby's teething process, symptoms of pain and discomfort may be observed. Recognizing these symptoms accurately can assist parents in providing suitable support for their babies. Symptoms of teething pain in babies may include swelling and redness in the gums, the appearance of small white spots in the teething area, restlessness, excessive fussiness, sleep disturbances, frequent scratching of hands or objects in the mouth, loss of appetite, or difficulty in feeding. These symptoms indicate that the baby is experiencing pain and discomfort during the teething process.

Parents can resort to various methods to help their baby cope with these symptoms. For example, gently massaging the gums, using a chilled teething toy or a cold cloth, providing teething toys, and creating a peaceful environment are some of the methods.

However, if these symptoms persist or worsen, consulting a healthcare professional is essential. Accurately recognizing the symptoms of teething pain in babies can help parents take the right steps to enhance the baby's comfort and make it through this period more easily.

LYGOS

— CLINIC —

Methods to Relieve Teething Pain in Babies

Teething pain in babies can be a challenging period for parents. However, there are many safe and effective methods to help babies navigate through this process more comfortably.

Cooling Teething Toys

Specially designed cooling teething toys can alleviate pain by applying gentle pressure to the gums. These toys are usually designed to be chilled in the refrigerator and made from materials suitable for a baby to chew on.

Chilled Bottles

Offering a baby a cold beverage or simply providing a bottle filled with chilled water can reduce swelling in the gums. This can also help quench the baby's thirst.

Teething Gels for Babies

Teething gels formulated specifically for babies typically contain natural ingredients and can provide relief when applied to the gums. However, it is important to consult with a healthcare professional before use.

Clean Finger or Cold Cloth

Gently massaging the baby's gums with a clean finger or a cold cloth can alleviate pain. Similarly, massaging the gums with a clean cloth chilled in the refrigerator can provide relief.

LYGOS

— CLINIC —

Natural Teethers

Using an age-appropriate, natural, and durable teether can reduce pain by allowing the baby to chew. This can also help satisfy the baby's natural chewing needs during the teething process.

These methods can be safely applied at home to alleviate a baby's teething pain. However, if symptoms persist or worsen, consulting a healthcare professional is crucial. Trying different methods to support the baby and enhance comfort is essential for parents during this period.

Knowing When to Consult a Doctor for Teething Pain

Teething pain in babies can usually be relieved with home-based methods, but in some cases, professional medical help may be required. Parents can implement various methods to relieve the pain and discomfort during their baby's teething process at home. However, professional help may be necessary in the following situations:

Severe and Persistent Pain

If a baby's teething pain becomes severe and continues persistently, it is important to consult a dentist. Severe pain may indicate an underlying issue that requires professional assessment.

LYGOS

— CLINIC —

High Fever

Mild fever during the teething process is normal, but if the fever is high and uncontrollable, it can be a cause for concern. High fever may be a sign of infection, and contacting a healthcare professional is advised.

Abnormal Tooth Development

If a baby's tooth is developing abnormally or if there are abnormalities in the gums, it is important to show this to a dentist. Professional examination may be needed to identify underlying problems.

Prolonged Pain and Discomfort

If a baby's teething pain and discomfort persist for an extended period, and home-based methods are ineffective, seeking assistance from a dentist is important. Prolonged pain may indicate an underlying dental issue.

Coping with teething pain in babies can be a challenging process for parents. However, if symptoms persist or worsen, consulting a healthcare professional is important. Professional help is critical to accurately assess a baby's dental health and recommend appropriate treatment. Remember, ensuring that your baby undergoes a healthy teething process will have a positive impact on their overall health.

Reasons for toothache in babies

In this article, we focused on the causes of teething pain in babies, its symptoms, and methods that can be used to alleviate it. Understanding a baby's teething process can assist parents in navigating through this period more comfortably.

LYGOS

— CLINIC —

Awareness of symptoms of teething pain in babies can guide parents in taking the right steps to provide comfort to their babies. The use of these natural methods may vary depending on the severity of lip herpes and the individual's skin sensitivity. It is important to consult with a healthcare professional before starting to use any natural product to prevent possible allergies or interactions.